

Getting ready for your virtual visit



The patient must be present for the virtual visit unless otherwise specified by your provider. Please gather medications and medical records and find a quiet space. Do not begin a virtual visit from your vehicle, and avoid cafe or coffee shop settings if possible.



Try out the virtual visit application.

Download and test it on your desktop or mobile device before your visit.



Adjust your lighting.

Close blinds and limit natural light.



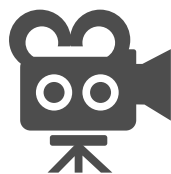
Find a quiet space.

The area should be private and free from distractions. Please find an indoor space where you can be seated rather than in a car or walking.



Be on time.

Log in early for your virtual visit.



Set your camera.

Place your camera at eye level for a full view of your face.



Communicate clearly.

Speak slowly and clearly into the microphone.