



## Urine Drug Testing Information Sheet

The Adolescent Substance Abuse Program (ASAP) has partnered with Quest Diagnostics Laboratory for its urine drug testing program. We recommend that you go to their website and find which lab is closest to you and their hours of operation. To find a testing site near you, please visit: [www.QuestDiagnostics.com/psc](http://www.QuestDiagnostics.com/psc).

Below are few details and guidelines regarding urine drug testing. During the pandemic there are two ways Quest is collecting urine drug tests. We recommend you contact the Quest Lab you are planning on using and find which process they are using:

1. **At Home Urine Drug Testing:** Please call or stop by your local Quest facility to find out if you can pick up urine drug testing cups. If your Quest lab is providing urine drug testing cups, you can obtain the urine specimen at home. We recommend that parents/guardians have their child perform random tests weekly. A urine drug test can also be collected whenever a parent/guardian has a concern their child has used a substance. If possible, morning (right after waking up) is the best time for urine collection as the urine is the most concentrated at that time. Urine drug testing should be supervised as explained by you ASAP clinician. It is important to ensure the sample cups are properly labeled with your child's first and last name, date of birth, and date of collection, before being dropped off. **Improperly labeled specimens will not be processed.** It is important to hand it directly to a lab technician, to ensure it is properly processed.
2. **In person Urine Drug Testing (at the Quest Lab):** If your Quest Lab is **not** providing urine cups you can contact the Quest Lab you have chosen to schedule your child for an in person urine sample. Quest Lab staff can also help schedule the testing to be done randomly (a different day each week).

### Other Considerations:

1. **Insurance coverage:** Coverage and copays vary depending on your insurance plan and for many plans. Contact your insurance company to find out any coverage, costs, and copays you may be responsible for, related to urine drug testing, as this varies depending on types of insurance. If you experience laboratory billing problems, please call Quest Labs® directly: 1-866-697-8378.
2. **Urine Drug Testing results review:** Parents/Guardians can plan on receiving urine drug test results from their parent guidance clinician during regularly scheduled parent guidance sessions (as recommended during the ASAP Family Meeting/Part 3). If there is an unexpected urine drug test result, or other clinical issue related to the test results, the clinician will contact parents outside of scheduled parent guidance sessions to discuss the results.

**If you have any questions, please ask your ASAP clinician during your next scheduled visit.**