



**Pediatric Care  
of Hudson Valley**  
Boston Children's Health Physicians  
Until every child is well™

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Thank you for choosing Pediatric Care of the Hudson Valley/Boston Children's Health Physicians as your child's Patient-Centered Medical Home (PCMH).

**What is a Patient-Centered Medical Home?**

A Patient-Centered Medical Home is not a building, place or hospital. Rather, it is an approach to providing comprehensive healthcare. As your PCMH, we want to be the first place you think of for all of your child's medical needs. We believe that the partnership between the patient, the patient's family and his/her primary care physician and care team is important. The care team, led by your primary care physician, is committed to providing the best healthcare services possible. Your child's care team will work with you and any outside provider or facilities to coordinate care across all settings, including behavioral health. The team will offer appropriate medical advice information, and self-management support based on current recommendations and evidence-based guidelines.

**Your care team...**

- Knows the health history of your child
- Listens to your questions, concerns and feelings, as well as those of your child
- Learns about you, your family and your life situation, your health goals and preferences
- Coordinates your child's care with other healthcare providers
- Creates a trusting, collaborative relationship with you and your child
- Treats your child with compassion and an understanding of his/her strengths
- Develops a care plan with you and your child when needed
- Respects and honors your culture and traditions
- Keeps your child up to date with all vaccines and preventative screenings
- Takes care of short term illnesses, long term chronic diseases, and your child's overall well being
- Provides behavioral health services when appropriate
- Will notify you about test results in a timely manner
- Gives you information on community resources and other services to support your child's health
- Helps you make the best decisions for your child's care

### **You and your child...**

- Are comfortable sharing concerns and questions with your pediatric team and other health care providers
- Provide a complete and accurate medical and family history to your pediatric team to ensure that the practice has all of the most important and relevant medical information to effectively care for your child
- Routinely communicate your child's needs and family priorities to your pediatric team
- Remember to tell your pediatric team about any care received between visits (including emergency room visits, urgent care clinics) so we can help coordinate your child's care
- Ask questions if you do not understand something
- Keep scheduled appointments or call to reschedule as soon as possible
- Bring your insurance card to each appointment
- Pay copays and past-due balances at the time of service

We see you, the parent, as an important member of your child's health care team. As your child matures, we hope he or she will become an increasingly active team member. Preparing your child to take the lead in caring for his or her own health is, ultimately, our team's most important task

We are here to support your child's care 24 hours a day, 7 days a week. Our office hours are Mondays through Thursdays 9am to 7pm, Fridays 9am to 5pm and Saturdays 9am to 1pm. To schedule an appointment, call the office at 845-565-5437. Every effort will be made to schedule you with your child's primary care physician. Same-day appointments are available for urgent and routine needs. We encourage you to call as early as possible if a same-day appointment is desired. If you have a question for your physician and it is during office hours, please call 845-565-5437 and ask to leave a message for the doctor or nurse. If it is after hours and you have a medical issue that cannot wait, please call the office and ask the answering service to leave a message for the physician on call. The on call physician will contact you within 30 minutes or less. If you have a medical emergency, call 911 or proceed directly to the emergency room. Our physicians have admitting privileges at St. Luke's Cornwall Hospital.

You can also use our Patient Portal to ask your care team non-urgent questions. Visit <https://www.nextmd.com> and click on Patient Portal to log in. Messages are returned within 2 business days. Please talk with your care team at any time if you'd like to sign up for the patient portal.

We provide equal access to care regardless of source of payment.

If you do not have health insurance, please visit [www.healthcare.gov](http://www.healthcare.gov) for information about obtaining coverage, or call the office and ask for information about obtaining healthcare coverage.

To transfer your medical records to our office, please call us at 845-565-5437 and our front desk staff will assist you in obtaining a HIPAA compliant medical record release form to be completed, signed by you (parent/guardian) and mailed or faxed to your previous healthcare provider.

If you have any questions, please feel free to contact our office. Your care team is here to help you!