



## How to Use a Nebulizer with a Mouthpiece

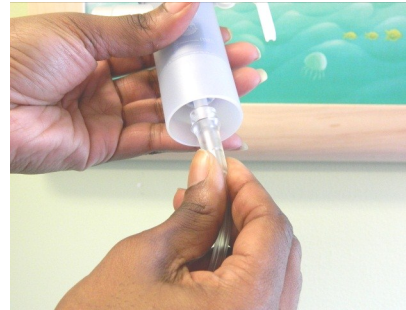
A nebulizer uses a machine that makes a mist of medicine to breathe in through a mouthpiece or face mask. Your child's doctor or nurse will tell you how much medicine to put into the nebulizer. Follow the steps below on how to use a nebulizer with a mouthpiece.



1. Wash hands.



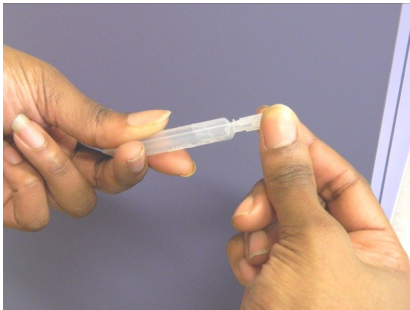
2. Put mouthpiece on the nebulizer container.



3. Attach tubing to bottom of nebulizer container.



4. Attach other end of tubing to nebulizer machine.



5. Open the plastic vial.  
Throw plastic top into trash.



6. Pour medicine into nebulizer container.



7. Put lips on mouthpiece and breathe normally.



8. Turn on the nebulizer machine.



9. Take slow, deep breaths until most of medicine is gone.



**DO NOT** hold mouthpiece away from mouth while breathing in medicine.



10. Rinse mouth with water.



11. Spit out water.