



## ALS Augmentative Communication Program

### PLEASE CITE WORK AS:

*Message Banking, Voice Banking and Legacy Messages*

John M. Costello

Boston Children's Hospital

© 2011, 2014, 2016, 2017

### DEFINITIONS:

***Voice Banking*** is a process of recording a large inventory of your speech that is then used to create a synthetic voice that approximates your natural voice.

Done successfully, this would allow one to spell and create unique messages and then speak them through a synthesizer that approximates one's natural speech. The science behind this process continues to be in development with beta-versions of available software. The ModelTalker is one such project from the University of Delaware Speech Research Lab. The website is: [www.asel.udel.edu/speech/ModelTalker.html](http://www.asel.udel.edu/speech/ModelTalker.html)

***Message Banking™ with your own***

***voice*** digitally record and store words, phrases, sentences, personally meaningful sounds and/or stories using your natural voice, inflection and intonation.





## ALS Augmentative Communication Program

These messages are catalogued as .wav files and may then be linked to messages in a variety of augmentative communication technologies or sound storage files. This will allow you to 'retrieve' a message and speak it in your own voice but does not allow you to create novel messages by spelling. If you have recorded individual words, you may combine those words to create unique messages, although the output will sound more staccato than your natural speaking.

***Message Banking™ by proxy*** is the election of a proxy voice to do all recordings because issues of fatigue, pain or intelligibility may make it difficult for an individual to bank all messages. In this case, the patient may still bank '*legacy messages*' but the majority will be banked by proxy.

## TERMINOLOGY:

***Legacy Messages™*** are those messages, often delivered with unique intonation and prosody that are unique or particular to you. They are your 'isms'. It may be a 'trademark' message you say or it may be a trademark *delivery* of a message that many people say. A legacy message does not need to be meaningful to the general population instead it may have unique and personal meaning to only you and a loved one. Further, a legacy message does not need to be real words to be meaningful.





## ALS Augmentative Communication Program

It may be the way you clear your throat in a sarcastic manner to communicate “*I told you so*” or it might be the invented pet name you have for a loved one delivered with your unique voice, intonation and prosody. Similarly, legacy message may be that stereotypical thing you say after your favorite sports team scores or it may be a unique greeting you deliver to friends. Those close to you may be helpful with identifying these *Legacy Messages* because sometimes they are so naturally part of socially relating with others, you may not even be aware you are ‘known’ for them.

### *Context or ‘Relationship’*

***Vocabulary:*** are those words, phrases and full messages one uses to effectively participate in an interaction is a specific context such as ‘how to help me transition to my wheelchair’ or ‘talking with my board of directors’ or ‘discussing my status with my therapist’. It is the predictable *script* in an interaction or a relationship.





## ALS Augmentative Communication Program

### THE VOCABULARY:

The following vocabulary was message banked by people with ALS. People graciously permitted us to share their messages and we attempted to organize vocabulary by categories for ease of reference. This list is NOT intended to be a script from which others record. It is intended to give people ideas of messages that others thought were important.

#### EXPRESSIONS

##### Idioms

It's not my cup of tea  
Just like a dream  
Off the deep end  
Once in a blue moon  
Out of the clear blue  
Practice makes perfect  
That's the way the cookie crumbles  
You missed the boat

##### Social Requests





## ALS Augmentative Communication Program

Come talk with me  
I want a hug.  
I want a kiss.  
I'm sorry but I have an appointment now.  
Leave me alone  
May I go with you?  
Sit over here with me.  
Would you like to go with me?  
You'll have to go.

### **Humor**

Is that your real name?  
Sssss, I was trying to whistle!  
That was the voice machine talking, not me!  
That's easy for you to say!  
Who programmed this voice machine?

### **Expressions of feelings**

Angry  
Better  
Fed up  
Frightened  
Frustrated  
Good  
Happy  
Lonely  
Mad  
OK  
Overwhelmed  
Sad  
Sick  
Tired  
Worried  
Worse

### **Time of Day Based Expressions**

Did you have a good night's sleep?





## ALS Augmentative Communication Program

Good morning  
Good night, I hope you sleep well  
Good night, I love you  
Have a good day  
How are you this morning?  
How is your day going so far?  
I'd like a morning snack  
I'd like to eat breakfast  
I'd like to eat dinner  
I'd like to eat lunch  
I'd like to watch the evening news  
It's time for bed  
Pleasant dreams  
What time is it?  
When are they coming?  
When are we leaving?  
When do we start?

### Topic Continuations

Alright  
Amazing  
And then...  
Good  
I know it  
I see  
Isn't that wonderful?  
Keep going  
Oh yeah  
Okay  
Really  
Right  
Tell me more  
That's good to know  
That's great  
That's interesting  
Uh huh  
Wow  
Yeah





## ALS Augmentative Communication Program

### Appointments

I need a haircut  
I would like to get a manicure/ pedicure  
We need to have the computer guy fix our computer  
I need an appointment to have my eyebrows waxed  
I need an appointment with the dentist  
I need to have my wheelchair fixed  
I need to make an appointment for...  
I need to see the doctor for ....  
I would like to make a date with.....

### Equipment Related Phrases

Can you make an adjustment  
I can't get it to work  
I don't know what happened to it  
I'm having the same kind of problem  
It doesn't work  
It doesn't work properly  
It just doesn't work  
It works once in a while  
Rewind the tape please  
Turn it down a little bit please  
Turn it off

### Physical State Phrases

Can you help me move?  
Careful, you are hurting me  
Everything bothers me  
I am tired  
I don't feel like eating  
I don't feel very well  
I feel angry  
I feel sad  
I feel great  
I feel terrible  
I have a headache





## ALS Augmentative Communication Program

I have an itch  
I have an itch on my hand  
I have an itch on my back  
I have an itch on my foot  
I need a massage  
I need to move  
I need to rest  
I want to lay on my back  
I want to lay on my right (left) side  
I want to lay on my stomach  
I would like to lay flat  
I'm cold  
I'm hot  
I'm hungry  
I'm okay  
I'm thirsty  
I'm uncomfortable  
I'm wide awake  
It is very uncomfortable when it cramps.  
It's cramping  
My feet are cold, can I have my slippers (socks, etc.)?  
My head hurts  
Not so good today  
Please move the pillow under my neck  
Please put a pillow between my knees  
Please put a pillow under my arm  
Please rub my neck  
Please rub my shoulders  
Please scratch higher (lower, right, left, harder, softer)

### Ice Breaker(Conversation Opener) Phrases

By the way, .....

Can we talk?

Can you understand me okay?

Come, talk with me

Did you have a good weekend?

Did you know that.....?

Did you see.....?







## ALS Augmentative Communication Program

Do you have a favorite sport?  
Do you have any brothers or sisters?  
Do you like your kind of work?  
Don't be afraid to ask me questions.  
Excuse me for interrupting  
Hi, my name is ....  
How are you today?  
How have you been?  
How long have you been doing that?  
How nice to meet you  
How old are you?  
I can hear and understand everything you say  
I can understand you. It just takes me longer to answer.  
I have a speech problem, I use this machine to talk  
I have ALS/Lou Gehrig's disease  
I have ALS/Lou Gehrig's disease and I have trouble speaking  
I have something to say about that  
I really need to talk with you  
I think that .....

I use this machine to communicate  
I would like to .....

I'd like to talk to you about something  
I'd rather .....

It takes me a little longer to answer, please be patient  
It's nice to finally meet you  
It's nice to meet you  
It's nice to see you again  
I've been meaning to tell you  
I've been thinking about .....

I've heard so much about you  
Nice to finally meet you  
Please tell me if you don't understand what I am saying  
Someday I want to .....

Tell me about .....

Tell me about yourself.  
That's interesting, tell me more  
We need to talk  
What are you here for?





## ALS Augmentative Communication Program

What do you think about...?  
What do you think of my artificial voice?  
What grade are you in?  
What have you been up to?  
What kind of job do you have?  
What's happening with you?  
What's happening?  
What's new?  
What's your name?  
Where are you going?  
Where do you go to school?  
Where do you live?  
Where do you work?

### Phone Conversation Phrases

Call me back when you can  
Can you have (someone) call me back?  
Can you please hold on for a moment, I have another call?  
Do you understand me?  
Give me a call in a few minutes  
Give me a call tonight  
Good to talk to you  
Goodbye  
How are you?  
I enjoyed our phone call  
I have a speech problem; I use a machine to talk. Please be patient  
I use a machine to help me talk  
I will call you soon  
I will talk to you soon  
I'd like to talk to ....  
I'll let her/him know that you called  
I'll look forward to talking to you soon  
I'll try and call you  
I'm going to call him (her, them)  
I'm so happy you called  
I'm sorry he/she is not here at the moment; may I ask who's calling?  
I'll talk to you soon  
Let's talk soon





## ALS Augmentative Communication Program

May I take a message  
Nice to talk to you  
Talk to you later  
Thanks for calling  
The number I am trying to dial is ...  
This is (give your name)

### Goodbye/Farewell Phrases

Come back again soon  
Good bye  
Good night  
Great to see you again  
Have a nice day  
Have a safe flight  
I enjoyed seeing you, thanks  
I guess I better be going, great to see you  
I have to get going  
I hope to see you again  
I'd like to see you again  
I'll talk to you soon  
I'm so glad I got to meet you  
It was good of you to come today  
It's been a pleasure meeting you  
I've been meaning to call you  
See you later  
See you soon  
So long!  
Talk to you soon  
Thank you for visiting with me  
Thanks for stopping by  
Thanks for visiting  
When will you come back?

### Request for Assistance

Can you answer the phone?  
Can you help me, please?  
Can you help me balance the account?





## ALS Augmentative Communication Program

Can you help me make a deposit in the bank?  
Can you help me reorder checks for my checking account?  
Can you help me shave?  
Can you help me take a shower?  
Can you help me wash my face (hands)?  
Can you help me with the computer?  
Can you help me write a check?  
Can you help to put the groceries away?  
Can you help to clean up?  
Can you keep me company for a while?  
Can you make me something to eat?  
Can you move me over there?  
Can you please pick that up off the floor, I dropped it by accident?  
Can you read me a book (magazine)?  
Can you repeat what you just said?  
Can you turn me over?  
Can you turn on the computer?  
Can you turn the TV on?  
Can you wait and help me?  
Can you wash my hair?  
Hand me that, please  
Help  
Help me get dressed  
Help me move this  
Help me put on my pants  
Help me put on my socks  
Help me put this on  
I need information about ...  
I need some help with trying to figure out the best way to communicate with you  
I need the bedpan  
I need the urinal  
I need to be wiped  
I need to take my medicine  
I need you to call my family  
I need you to call the nurse  
May I have something to drink (eat)?  
Please bring that over here  
Please brush my hair





## ALS Augmentative Communication Program

Please brush my teeth  
Please button my shirt (coat, blouse, jacket)  
Please change the position of the bed (chair) up (down, right, left, back, forward)  
Please come right back  
Please help me get dressed  
Please help me get ready  
Please help me move over there  
Please help me reach for the ....  
Please open (close) the window  
Please read to me  
Please take me outside  
Please tell me if you understand what I am saying  
Please turn on (off) the heat (A/C)  
Please turn on (off) the lights  
Please turn on/off the radio (IPOD, DVD player, TV)  
Please turn that on (off) for me  
Please wait for me  
This is an emergency!  
Turn that on for me  
Will you be able to help me with ....?  
Will you stay and help me finish this?  
Will you stay for a while?  
Would you help me with my coat (shoes, pajamas, shirt, pants) please?  
Would you make a phone call for me?

### Exclamations

Are you crazy?  
Are you kidding me?  
Are you out of your mind?  
Are you serious?  
Can you believe that?  
Don't be ridiculous  
Excellent  
For God's sake  
Get a life  
Get help now!  
Get out of here  
Give me a break





## ALS Augmentative Communication Program

I can't believe it  
No kidding  
No Way  
Oh my God  
Perfect  
Really?  
That's amazing  
That's beautiful  
That's crazy  
That's great  
That's gross  
That's just great  
That's just perfect  
That's really great  
That's the last resort  
That's wonderful  
Unbelievable  
Unfortunately  
What were you thinking?  
What?

### Encourage/Discourage Comments

Absolutely not  
Do you really think so?  
How do you know?  
How fabulous for you  
I agree  
I agree with that  
I don't agree  
I don't doubt that  
I don't think so  
I doubt that  
I think I already said that  
I think that is correct  
I wish you wouldn't do that  
I'd really like to talk about it  
I'm not so sure  
I'm sure that's right





## ALS Augmentative Communication Program

No way, that's wrong  
That's a possibility  
That's correct for sure  
That's really awful  
That's right  
That's true  
Too funny!  
Who said so?  
Why didn't you ....  
Wow, that's great  
You are amazing  
You could have helped out a little bit  
You could have...  
You missed the boat  
You're kidding  
You're right about that  
You're wrong about that  
You've done a great job  
You've helped me so much

### Location Marker Phrases

Do you know where...  
I am going home  
I don't have to go....  
I don't know where it is  
I go the opposite way  
I had to go back  
I may not go back  
I am ready to go back  
I want to go ....  
I want to stay...  
I'll meet you there  
I'm going back  
In my room  
Is he gone?  
Put that here (there)  
Side by side





## ALS Augmentative Communication Program

There's more over there  
We are going...  
Where is it?  
Where should I go?  
It's here  
It's over there  
I'm here  
I'm in the bedroom (kitchen, living room, family room, bathroom, study)

### Conversation Modifiers/Repairs

Ah, now I see  
Can you please repeat that?  
Can you wait a moment?  
Could you speak up a little?  
Do you understand me?  
Do you understand what I mean?  
Does anyone have any ideas?  
Excuse me for interrupting  
Excuse me, may I say something?  
Huh?  
I changed my mind  
I didn't hear you  
I don't get it  
I don't understand  
I don't understand what you are saying  
I don't want to talk about it anymore  
I get it  
I have something to say about that  
I need some help with trying to figure out the best way to communicate with you  
I think that's correct  
I'm going to start over  
It's a touchy subject  
I've been meaning to tell you  
Just a minute, I'm not finished  
Just a minute, let me think about that  
Keep going, I need a break  
Let me see that  
Let's change the subject







## ALS Augmentative Communication Program

Let's do it another time  
Let's not go into that again  
Let's see  
Let's try that again  
No way!  
No, I meant something else  
No, no, no  
Please don't change the subject  
Please let me finish  
Please wait until I finish what I'm trying to say  
Say that again, I missed that  
That's not true  
That's not what I meant  
Wait, let me rephrase that  
What did you say?  
What do you mean?  
Who are you talking about?  
Would you mind spelling that for me?  
You misunderstood me  
You're right about that  
You're wrong about that

### **Interpersonal Comments**

Are you doing anything special tonight?  
Did you have a good weekend?  
Excuse me  
Fine, how are you?  
Good morning  
Good to see you  
Goodbye  
Goodnight  
Goodnight, sleep tight  
Have a nice day  
Have you been there?  
Have you heard anything?  
Hello  
Hi  
Hi Mom





## ALS Augmentative Communication Program

Hi Dad  
How are you doing?  
How's it going?  
I'm sorry  
Just a minute  
No, thanks  
Oooops  
Ouch!  
Pardon me  
Please  
See you later  
Tell me about your day  
Tell me about your family  
Thank you  
Watch out  
What do you think about that?  
What's happening with you?  
What's new?  
What's up?  
You look great (tired, sad, happy, bored, frustrated)  
You're welcome

### Temporal Markers

A little more often  
A long time ago  
About a week  
All the time  
Any minute now  
Are we finished yet?  
As fast as I can  
As soon as possible  
At lunch  
Before dinner  
Before I go  
Before I go on  
Before you go  
Can I give you my final decision later?  
Can you do it real quick?





## ALS Augmentative Communication Program

Can't that wait for another time  
Come back later  
Didn't you do it yesterday?  
Don't bother about that right now  
Either today or tomorrow  
For a while  
For good  
Get me up earlier  
Give me a few minutes  
How fast can you do it?  
How Fast?  
How long ago?  
How long did it take?  
How long do you think it will be?  
How long does it take?  
How long will it take?  
How often can I get it?  
How often do you do this?  
I already did  
I came early  
I can't wait that long  
I didn't get it done  
I don't have time today  
I haven't yet  
I might check that out tomorrow  
I remember the last time I did that  
I still have the time  
I still haven't eaten yet  
I used to  
I want it to be over  
I want to hurry up  
I was on time  
If there is time  
If time allows  
I'll be right back  
I'll be waiting  
I'll do that now  
I'll wait





## ALS Augmentative Communication Program

I'm all done  
I'm almost finished  
I'm finished for tonight  
I'm waiting for it  
It doesn't seem fast enough  
It happened again  
It happens every so often  
It is time to leave  
It isn't the first time  
It takes time  
It took so long  
It will be a while  
It won't be forever  
It's about time  
It's busy all the time  
It's time  
It's time for the show  
It's time to leave  
Just for a short while  
Just wait and find out  
Late at night  
Maybe later  
Maybe tomorrow  
Most of the time  
No longer  
Not anymore  
Not now  
Not quite yet  
Now it is  
Once again  
Once in a blue moon  
Once in a while  
Once or twice  
Over and over again  
Please hurry up  
Ready and waiting  
Sooner or later  
Take your time, have some patience





## ALS Augmentative Communication Program

The last time  
Then what after this?  
There's not enough time  
This weekend  
Tomorrow morning  
Too early for me  
Wait a minute  
Wait for the rest of them  
Wait until tomorrow  
We have to wait  
We will do it tomorrow  
We will get to it later  
We will get to it tomorrow  
What time am I going?  
What time do you think?  
What time is it?  
What time tomorrow?  
What time will you be home?  
What time would I be done?  
What time?  
What took you so long?  
When I feel like it  
When I get done  
When I want to  
When I'm ready  
When is it scheduled?  
When it all took place  
When will you be back?  
When you are here  
When you come back  
When you get back  
Why not do it right away?  
You better hurry  
You've got time

### Opinion/Perspective Phrases





## ALS Augmentative Communication Program

A little better  
A rather refreshing outlook  
Absolutely ridiculous  
Boy am I glad!  
Boy, that feels good!  
Exceedingly good  
He can do it  
I am getting it  
I blew it  
I can't figure it out  
I can't stand it  
I did okay  
I didn't mind  
I didn't really want one  
I disagree  
I don't believe it  
I don't care  
I don't feel good  
I don't feel like seeing anybody  
I don't have any idea  
I don't have much choice  
I don't honestly even know what's wrong  
I don't like it  
I don't like it anymore  
I don't like to  
I don't really care  
I don't really like it very well  
I don't remember it being all that hard  
I don't think that's right  
I don't understand what's going on  
I enjoyed myself  
I feel sorry about that  
I feel the same way about it  
I get cranky  
I get scared to death  
I had a great day  
I had a great time  
I hate it





## ALS Augmentative Communication Program

I honestly don't want to do it  
I hope you're not disappointed  
I like it better  
I love it  
I need it  
I noticed it  
I really feel bad  
I really get off on it  
I really like it  
I really tried  
I said I don't know  
I think he (she) is kind of (cute, nice, mean, arrogant, etc.)  
I think I did it wrong (right)  
I think I didn't do it very well  
I think I messed it up  
I think I've had enough  
I think that's bad  
I think that's good  
I think that's okay  
I think that's right  
I think this is pretty good  
I was doing excellent  
I was so disappointed  
I was so glad  
I'd like to do it  
I'll get used to it  
I'm concerned about it  
I'm doing well  
I'm embarrassed  
I'm feeling a little better  
I'm getting sick of it  
I'm glad  
I'm glad that it's done  
I'm going to do the impossible  
I'm just getting it from all sides  
I'm nervous  
I'm not anxious to take any .....  
I'm not going to take it





## ALS Augmentative Communication Program

I'm not mad at you  
I'm really disappointed  
I'm really having a hard time  
I'm really worried about it  
I'm so excited  
I'm still not hungry  
I'm too rushed  
I'm very hot  
I'm very sleepy  
It doesn't make any difference  
It feels good  
It feels great  
It frustrates me  
It happens to be my favorite  
It is absolutely ridiculous  
It is different allright  
It is just your imagination  
It is very important  
It shook me up no end  
It sounds confusing  
It sounds good  
It sounds good to me  
It still hurts  
It suddenly becomes important  
It was no good  
It was wrong  
It would be much easier  
It's amazing  
Its got me bothered now  
It's not important  
It's not my cup of tea  
It's slightly obvious  
It's so bad  
It's such a hassle  
It's too bad  
It's weird  
It's wonderful  
I've had it







## ALS Augmentative Communication Program

Just great  
Just plain good  
Kind of tired  
Look out world, here I come  
Makes me mad  
Nobody seems to understand  
Pretty ugly, huh?  
That hurts  
That is amazing  
That isn't fair  
That makes me laugh  
That should be hard to do  
That will be fun  
That would be great  
That's all right  
That's difficult  
That's easy  
That's hard  
That's logical  
That's my problem  
That's pretty good  
That's what I like  
That's why I feel the way I do  
That's wonderful  
Too much for me  
What a jerk  
What a turkey  
When I am tired  
You will love it

### Requests for Specific Information

Am I right or wrong?  
Any particular reason?  
Anyone sitting here?  
Are they any good?  
Are we still going?  
Are you alone?  
Are you busy?





## ALS Augmentative Communication Program

Are you comfortable?  
Are you glad?  
Are you listening to me?  
Are you okay?  
Are you ready?  
Are you sick?  
Are you working today?  
Are you working tomorrow?  
Can I ask a favor?  
Can I take these with me?  
Can we go to the movies?  
Can we make plans for the weekend?  
Can we plan our day for tomorrow?  
Can we plan our day?  
Can you bring me ....?  
Can you hold this?  
Can you listen to me, please look in my eyes?  
Can you mail this letter (package) for me?  
Can you take me to ....?  
Could you repeat that?  
Did it hurt?  
Did you get my message?  
Did you have a good weekend?  
Didn't it come?  
Do I have everything?  
Do you agree?  
Do you know where I am going?  
Do you know where we are going?  
Do you know why?  
Do you like him (her, them, etc.)?  
Do you think so?  
Do you want me to?  
Do you want that?  
Does that make sense?  
Have you ever had those?  
How can I get a hold of you?  
How did I do?  
How did it go?





## ALS Augmentative Communication Program

How did it turn out?  
How do I know when.....?  
How do you feel?  
How do you know?  
How is the weather?  
How long will you be gone?  
How long?  
How much is it?  
How much more is there?  
How much will it cost?  
How much?  
How old are you?  
How was your day at school (work)?  
How was your weekend?  
How will I.....?  
How will you know?  
How's that?  
I want to know what it is  
Is it okay?  
Is she (he) coming?  
Is that a yes or no?  
Is that right?  
Is there anything I can do?  
Isn't that the right thing to do?  
Isn't there any way?  
Just answer my question  
May I interrupt you?  
Should I take it?  
Show me  
Tell me how much  
Tell me what you are doing  
That doesn't answer the question  
Was there something else?  
What about you?  
What am I doing?  
What are you doing this summer?  
What are you doing?  
What are you going to do next?





## ALS Augmentative Communication Program

What are you going to do tonight?  
What are you here for?  
What are you looking for?  
What are you talking about?  
What are you trying to do?  
What are you trying to say to me?  
What are you waiting for?  
What are your plans for ....  
What caused it?  
What could possibly happen?  
What did he (she) think about that?  
What did it say?  
What did she (he) say?  
What did you come with?  
What did you do last night?  
What did you do on the weekend?  
What did you do this morning (afternoon, etc)?  
What did you make (do) at school today?  
What do I do now?  
What do you have to do?  
What do you think I said?  
What do you think of it?  
What do you want to do?  
What do you want?  
What does it matter?  
What does that mean?  
What else is on?  
What happened at school today?  
What happened this time?  
What happened to you?  
What happened?  
What happens afterwards?  
What have you been doing?  
What is it?  
What is next?  
What is that?  
What is the definition of....?  
What is the next plan?





## ALS Augmentative Communication Program

What is wrong?  
What is your schedule?  
What kind is it?  
What kind of shows are on?  
What then?  
What time is it?  
What was he (she) doing?  
What were they?  
What's for lunch (breakfast, dinner)?  
What's going on in your world?  
What's going on there?  
What's going on?  
What's happening now?  
What's next?  
What's on your agenda for today?  
What's so funny?  
What's that doing in here?  
What's that?  
What's the score?  
What's this one for?  
When do we eat?  
When do we go?  
When was the last time that happened?  
When will I see you next?  
Where are they?  
Where are you going?  
Where are you sitting?  
Where can I get it?  
Where did I get this?  
Where did that come from?  
Where do I go?  
Where is ....?  
Where is everyone?  
Where is it?  
Where is the restroom?  
Where were you?  
Which one is it?  
Who are you looking for?





## ALS Augmentative Communication Program

Who called?  
Who was that?  
Who's coming?  
Whose is that?  
Why are you concerned?  
Why are you here?  
Why did he (she, you, etc.) go there?  
Why did they go to all that trouble?  
Why did you get so many?  
Why don't you go?  
Why won't you be there?  
Why, what do you mean?  
Will I be able to get another one?  
Will I see you next?  
Will it hurt?  
Will you be there?  
Will you call them?  
Will you prepare dinner?  
Would anyone like to play a game?  
Would you get the mail?  
Would you start the shower?  
Would you unload the groceries from the car?  
Would you unpack the groceries?  
Would you?  
You don't mind?  
You know what I think?  
You really believe that?

### Generic Request Phrases

Accept my decision  
Are you coming?  
Are you doing anything special this weekend?  
Are you excited?  
As careful as you can  
Be careful  
Be very, very careful  
Bring that over here  
Can I ask a favor?





## ALS Augmentative Communication Program

Can I do this?  
Can I get a new one?  
Can I try one?  
Can I use it?  
Check if it's right  
Could I have some?  
Did you have a good weekend?  
Do it  
Do you have the time to play?  
Do you mind?  
Don't complain  
Don't do that again  
Don't mess with it  
Drive carefully  
Give me that, please  
Go back to bed  
Grab one of those  
Guess what I want?  
Have you been there?  
Have you heard anything?  
Help me out  
How about it?  
How do you feel about that?  
How many more?  
How would you feel?  
I need help now  
I need it  
I wonder if I could get a new one?  
I would like you to see ....  
I'd like to see it  
I'll show you what I want  
Let me  
Let me go  
Let me see it  
Let's do it  
Let's go  
Let's play  
Listen to that





## ALS Augmentative Communication Program

Please find out  
Please get me some  
Please get out of here  
So why don't we do that?  
Someone help me  
Tell me about your day  
Tell me about your family  
This is a request  
Turn it over  
Watch out  
We have to stop  
We ought to try that  
What do you think about that?  
What's happening with you?  
What's new?  
When you find out, let me know  
When?  
Where?  
Why don't we do that?  
Why don't you give it to me?  
Why don't you put that away?  
Why?  
Will you do me a favor?  
Would you come?  
Would you do it?  
You could help a little  
You'd better come

### Conversation Control Phrases

All I'm trying to say is  
As I was saying  
Boy am I glad you called  
But guess what  
Can I talk to you?  
Change the subject  
Come right back please  
Could you repeat what you said?  
Did you understand?







## ALS Augmentative Communication Program

Didn't you know that?  
Do you know what he did?  
Do you understand what I mean?  
Explain that to me  
Guess what I've got?  
Guess what?  
Haven't I met you before?  
Help me understand that  
How about you?  
How are things going for you?  
How come?  
I changed my mind  
I don't understand what happened  
I don't understand your question  
I don't want to interrupt  
I forgot to mention  
I have a great idea  
I have news  
I have something to say about that  
I have to go  
I just remembered  
I know why  
I need to explain  
I really like to talk about it  
I should explain  
I want to go on a date  
I want to know  
I want to show you something  
I want to talk to you about ....  
I was just curious  
I was just wondering  
I was saying  
I will see you  
I'd better get going  
I'd better go  
I'll have to think of a few more questions  
I'll let you know  
I'll see you around





## ALS Augmentative Communication Program

I'm curious about  
I'm really glad you dropped by  
Is it a deal?  
Is that okay?  
I've got an idea  
Just one comment  
Just one more thing  
Let me answer  
Let me tell you about it  
Let me tell you what I did  
Let me tell you why  
Let me tell you why I was upset  
Let's do it again  
Let's do it another time  
Let's see now  
Let's try that again  
Listen to me  
May I say something?  
Over and out  
Please don't interrupt  
Please let me finish  
Please wait until I finish what I am trying to say  
See you later  
Tell me about it  
Tell me what you think I said  
Thanks for telling me  
That's all I have to say  
That's all that's happening  
There was something else I was going to ask you  
What are you going to do today?  
What are you talking about?  
What are you trying to tell me?  
What did she say?  
What do you think about that?  
What do you think?  
What is it now?  
What were you about to tell me?  
What?





## ALS Augmentative Communication Program

What's up?  
What's wrong?  
Will I see you later?  
Would you mind if I talk while you are interrupting?  
You are not going to believe this  
You don't have to go  
You know something?  
You know what I think?  
You know what, I don't understand?

### Social Amenities

Anything I can do?  
Anything's possible  
Are you crazy?  
Are you serious?  
Are you sure you don't mind?  
As far as I'm concerned  
As much as I can  
As usual  
Beats me  
Believe me, it is  
Blows that theory to hell  
Boy, do I ever know  
Can I help?  
Can you beat that?  
Come to think about it  
Could be better  
Don't encourage him (her)  
Don't make me laugh  
Don't mess me up  
Don't worry about it  
Easy for you to say  
Excuse me  
For all I know  
Forget about it  
Hey good looking  
Hi, how are things going?  
How are you?





## ALS Augmentative Communication Program

How dare you?  
How do you feel?  
I didn't mean it  
I didn't mean to  
I don't mean to cause trouble  
I goofed  
I hope you feel better  
I missed you  
I think you're wonderful  
I want to thank you  
I was just kidding  
I was only joking  
If you don't mind  
I'm glad you're here  
I'm sorry  
It's good to see you  
Loosen up  
Much obliged  
Pardon me  
Please sit down  
Pretty please  
Sorry to keep popping off  
Thank you anyway  
Thank you very much  
Thanks a lot  
Thanks a lot, it really helps  
Thank for the ride  
That helped tremendously  
Wish me luck  
You helped a lot  
You're so nice

### Generic Responses Phrases

A little more  
A lot of fun  
Absolutely ridiculous  
At least it isn't any worse  
Change the subject please





## ALS Augmentative Communication Program

Could be better  
Get out of here  
Give me a break  
Give me some  
Good idea  
Have a heart  
He doesn't do anything  
He doesn't know anything  
He just took off  
He sounds really nice  
Help yourself  
Here's another thing  
Hey good looking  
Hey man, you've got a lot of guts  
Hi, how are things going?  
Honest to goodness  
How about that?  
How are you?  
How could I be mad at you?  
How dare you?  
How did you know?  
How do they know?  
How do you feel?  
I always do  
I am getting along  
I am getting along  
I am sorry to hear that  
I believe it  
I can handle it  
I can't  
I can't answer  
I can't believe it  
I can't figure that out  
I can't help it  
I can't remember  
I can't remember anything else  
I can't tell  
I can't think of anything





## ALS Augmentative Communication Program

I can't understand  
I certainly did  
I certainly don't mind  
I could probably do better  
I didn't know  
I didn't know that  
I didn't mean it  
I didn't mean to  
I didn't realize that  
I didn't say anything  
I didn't say it was true  
I do not have any idea  
I don't doubt that  
I don't have much choice  
I don't have them  
I don't have time today  
I don't know  
I don't know how  
I don't know what it is  
I don't know which one  
I don't know who did it  
I don't know yet  
I don't mean like that  
I don't mean to cause trouble  
I don't need it  
I don't need it anymore  
I don't really know how  
I don't really need it  
I don't really remember  
I don't remember  
I don't see him (her, them, etc.) anymore  
I don't think so  
I don't think they care  
I don't think you've met him (her, them, etc.)  
I don't understand  
I don't understand it either  
I don't want anything  
I don't want it





## ALS Augmentative Communication Program

I don't want that  
I don't want to  
I doubt it  
I feel like it  
I forgot  
I forgot about that  
I found it  
I gave my final word  
I go to work  
I goofed  
I greatly appreciate that  
I guarantee it  
I guess  
I guess not  
I guess so  
I had a real busy day  
I hadn't thought about it  
I have no idea  
I have noticed that  
I haven't yet  
I haven't noticed any difference  
I hear you  
I heard from ....  
I hope it is  
I hope you feel better  
I just don't feel like it  
I just don't think that's true  
I just wanted to find out  
I Know  
I know it  
I know it's important  
I know that  
I know what you mean  
I know, I don't need to be reminded  
I like that  
I might as well  
I missed you  
I need more information





## ALS Augmentative Communication Program

I probably won't  
I promise  
I really do  
I really feel I can't do it  
I really think it's ....  
I really think it's long enough  
I really tried  
I really try  
I said I don't know  
I said I was  
I still have to  
I suppose so  
I sure hope so  
I think I am ready to go  
I think I did it wrong (right)  
I think it's wrong  
I think it's only fair  
I think not  
I think so, too  
I think that is unnecessary  
I think we ought to do that  
I think you're right  
I think you're wonderful  
I thought I was through  
I thought it would be good for me  
I thought so  
I thought you were going to  
I told you  
I told you I don't know  
I trust you  
I understand  
I understand that  
I want one  
I want to go with you (him, her, them, etc.)  
I want to thank you  
I was going to  
I was just kidding  
I was only joking







## ALS Augmentative Communication Program

I was only kidding  
I was supposed to  
I was trying to tell you  
I wasn't sure  
I will  
I will not  
I will still need it  
I will try harder  
I wish I knew what happened  
I wish them luck  
I won  
I wonder  
I won't do that  
I won't guarantee anything  
I won't let him  
I worry about that  
I would do something like that  
I wouldn't know about it  
I'd check  
I'd love to  
If I could, I would  
If you don't mind  
If you want to  
I'll ask him (her)  
I'll check  
I'll come back  
I'll deal with it  
I'll decide later  
I'll keep an eye on that for you  
I'll plan on it  
I'll try  
I'm afraid I can't change that  
I'm afraid so  
I'm disappointed  
I'm doing all right  
I'm doing it anyway  
I'm doing well, thank you  
I'm finished





## ALS Augmentative Communication Program

I'm finished for tonight  
I'm game for trying that  
I'm getting kind of tired  
I'm glad you're here  
I'm going home  
I'm just making a comment  
I'm not a child  
I'm not even sure I want the answers  
I'm not going anywhere  
I'm not talking about that  
I'm not trying to put it off  
I'm not worried about it  
I'm okay  
I'm probably going to be sorry  
I'm probably not going to go out  
I'm sorry  
I'm sorry to hear that  
I'm still thinking about it  
I'm supposed to  
I'm supposed to have  
I'm sure  
I'm sure he'd (she'd they'd you'd, etc.) know better  
In a while  
Is there any doubt  
Is there something wrong with that?  
It certainly did  
It could have been  
It depends  
It didn't turn out that way  
It doesn't matter  
It doesn't matter, I guess  
It has to be  
It is important to me  
It is not that important  
It just seems to always happen like that  
It just wasn't very exciting  
It makes me very nervous  
It might work





## ALS Augmentative Communication Program

It might work out  
It really helps  
It was so good (bad)  
It would be easier for you  
It's up to you  
It's all right  
It's almost over  
It's completely different  
It's different all right  
It's going to be so much  
It's good to see you  
It's got nothing to do with it  
It's just your imagination  
It's my friend  
It's not that important  
It's ridiculous  
It's terrible  
It's the truth  
I've been told  
I've got no idea  
I've had the same kind of trouble  
I've heard of that  
I've never heard of it  
Just fine  
Just looking  
Kiss my grits  
Let's not go into that  
Let's not take it to extreme limits  
Let's stop somewhere and eat something  
Let's try again  
Let's try it  
Looks like it  
Loosen up  
Makes you wonder  
Maybe I'll do that  
Maybe they do  
Maybe, maybe not  
Much obliged





## ALS Augmentative Communication Program

Never mind  
No I'm not  
No joke  
No way  
Nobody told me that  
Not much at all  
Not usually, but in this case  
Not very good today  
Not very good today  
Nothing wrong with that  
Of course  
Of course I do  
Oh darn  
Oh my God  
Okay gorgeous  
One more minute  
One never knows  
Pardon me  
Please sit down  
Please stop nagging  
Poor thing  
Pretty please  
Really  
She didn't give me that impression  
So is mine  
So that's the way it is?  
So what?  
Something like that  
Sorry to keep popping off  
Sure I am  
Thank God  
Thank the Lord for small favors  
Thank you anyway  
Thank you very much  
Thanks a lot  
Thanks a lot, it really helps  
That depends  
That didn't work





## ALS Augmentative Communication Program

That does the trick  
That helped tremendously  
That is interesting  
That makes me mad  
That surprises me  
That was fun  
That was nice of him (her, them, etc.)  
That won't make a difference  
That would be a big help  
That would be great (awful)  
That's a big deal  
That's a deal  
That's all  
That's all I know  
That's an idea  
That's better  
That's enough  
That's exactly it  
That's fine  
That's good  
That's got nothing to do with it  
That's gross  
That's it  
That's just great  
That's kind of exciting  
That's kind of unusual  
That's kind of upsetting  
That's my choice  
That's my problem  
That's not right  
That's not the way it works  
That's okay  
That's right  
That's the last resort  
That's the truth  
That's the way it should be  
That's the way it's always been  
That's what I said





## ALS Augmentative Communication Program

That's why  
That's why I was in there  
There is nothing I can do about it  
There used to be  
There was something else  
There you are  
There's got to be a better way  
There's got to be another way  
There's no more  
There's no way in the world  
There's nothing I can do about it  
There's nothing more  
They do the strangest things  
They told me that  
They usually do  
They won't  
This is anticipated  
This is different  
This is great  
This thing  
Unfortunately, yes  
Want to bet?  
Well it sure feels like it  
Well it sure looks like it  
Well, anything is possible  
Well, I wouldn't know about that  
What an idea  
What can I do?  
What else am I going to do?  
What luck  
What other choice do I have?  
Why not?  
Wish me luck  
Yes you can  
Yes, I can  
Yes, I can do that  
Yes, I was  
You are kidding





## ALS Augmentative Communication Program

You bet your britches  
You better believe it  
You better come  
You better not  
You can come up with something better  
You can do it  
You can give it to me  
You can say that again  
You can try but I doubt it  
You could not possibly understand  
You go ahead  
You have a good day  
You have to wait  
You helped a lot  
You know how it goes  
You know how it works  
You know that  
You know they do  
You know what I mean  
You know what I think  
You know what it takes  
You never know  
You said you'd try  
You should have told me  
You shouldn't have  
You think so?  
You wanna bet?  
You work a lot  
You're coming right back  
You're doing the right thing  
You're not going to believe this  
You're not supposed to  
You're so nice  
You've done everything  
You've got time  
You've got to be kidding  
You've got to be nuts  
You've helped a lot





## ALS Augmentative Communication Program

### Nourishment/Food

Are you hungry?

Can I have a glass of water?

Can I have a spoon (knife, fork)

Can I have some chicken?

Can I have some chips and dip?

Can I have some mayonnaise (mustard) on my sandwich?

Can I have some more please?

Can I have some pickles?

Can I have something else?

Can I munch on some nuts?

Can you cut the food for me?

Can you help me with my breakfast (lunch, dinner, snack, etc.)?

Can you save this for another time?

Do we have any chips?

Do you have any chocolate?

I am full

I am not hungry

I am not hungry anymore

I am not hungry at all

I am so hungry

I am starving

I can't eat ....I am allergic to it

I can't eat another bite

I could eat this every day

I don't eat meat

I don't like this

I don't think I want any more

I don't want a snack

I don't want any dessert

I don't want anymore

I don't want eggs

I don't want to eat breakfast now

I don't want to eat dinner now

I don't want to eat lunch now

I feel like eating something salty

I feel like eating something sweet







## ALS Augmentative Communication Program

I hate to eat ....  
I love to eat ....  
I need a napkin  
I need something to drink  
I never want to eat that again  
I only eat vegetables  
I really don't like this at all  
I think this tastes so good  
I want to eat now  
I will be ready to eat in a little while  
I would like a candy bar  
I would like a cookie  
I would like a few cherries  
I would like a piece of cake  
I would like a salad  
I would like some ice cream  
I would like some more  
I would like some pretzels  
I would like to eat a steak  
I would like to eat some fish  
I would like to eat some potatoes  
I would like to have a banana  
I would like to have a pear  
I would like to have a piece of fruit  
I would like to have a snack  
I would like to have a soda  
I would like to have an apple  
I would like to have an iced tea (with lemon)  
I would like to have an orange  
I would like to have dessert later  
I would like to have some blueberries  
I would like to have some dessert now  
I would like to have some raisins  
I would like to have some soup  
I would like to have some yogurt and berries  
I would like to have vegetables with my dinner  
I would rather eat .....  
I'd like my eggs, fried (scrambled, poached)





## ALS Augmentative Communication Program

I'd like to have some noodles  
I'd like to have some oatmeal (with brown sugar and fruit)  
I'd like to have some pasta  
I'd like to have some toast (with jam/jelly)  
I'd like a bowl of cereal  
I'd like a bowl of soup  
I'd like some cheese on my sandwich  
I'd like to eat breakfast now (soon)  
I'd like to eat dinner soon  
I'd like to eat lunch now  
I'd like to eat lunch soon  
I'd like to have a bagel (toasted) with butter (cream cheese)  
I'd like to have a cup of coffee (with milk and sweetener)  
I'd like to have a cup of hot chocolate  
I'd like to have a cup of tea (with milk and sweetener, lemon)  
I'd like to have a glass of juice  
I'd like to have a glass of milk  
I'd like to have a hamburger with fries  
I'd like to have a hot dog  
I'd like to have a peanut butter and jelly sandwich  
I'd like to have a salad  
I'd like to have a sandwich  
I'd like to have an English muffin  
I'd like to have an omelet  
I'd like to have dinner now  
I'd like to have French toast  
I'd like to have lettuce and tomato on my sandwich  
I'd like to have pancakes (waffles) with syrup  
I'd like to have some fresh fruit  
I'd like to have some onions on my sandwich  
I'd like to have some pizza  
I'd like tuna fish  
I'll finish this later, I'm full  
I'm going to eat  
I'm hungry for some breakfast  
Is there any pie?  
Please make this again  
Thank you for making that for me





## ALS Augmentative Communication Program

This is a bit too hot  
This is delicious  
What can I have to eat this morning?  
What kind of cookies do you have?  
What's for breakfast?  
What's for dinner?  
What's for lunch?  
Would you like something to drink (eat, snack)?  
You always make the things I like to eat

### Likes/Dislikes

I don't like this music  
I don't like to go there  
I don't like him (her, them)  
I don't like that place  
I don't like that restaurant  
I don't like that with my food  
I don't like this food  
I have always liked that place  
I like a lot of different sports  
I like her (him, them)  
I like ice cream  
I like that place  
I like to do it  
I like to go on car rides  
I like to go there  
I like to go to the movies  
I like to have company come to visit  
I like to listen to music  
I like to listen to my IPOD  
I like to look at the sunset  
I like to see the waves in the ocean  
I like to watch sports on TV  
I like to watch the cooking shows on TV  
I like to watch TV  
I never liked that  
I never liked them (her, him)  
I really like chocolate





## ALS Augmentative Communication Program

I really like to eat pizza  
I would like to go for a walk  
I'd like to listen to a book on tape  
I'd like to read a book (magazine)  
I'd like to talk about it  
I've always liked that  
I've always liked them (her, him)

### Appreciation

Do you know how much I appreciate all you do?  
I am lucky to have you in my life  
I am so grateful for all you have done for me  
I am so happy to have you as a friend  
I am so grateful for all the prayers, thought and support I have received, it's really helped  
I appreciate your friendship  
I could never have done this without your help and support  
I hope you know how much I appreciate you  
I hope you know how much you mean to me  
I love you  
I thank you for everything  
I'm so grateful to have you in my life  
I'm thankful for all you do for me  
It's good to hear your voice  
Thank you for being such a good friend  
Thank you for helping me  
Thank you for just being you  
Thank you for your good wishes  
Thank you for your thoughtfulness  
Thank you for being such a good friend  
Thanks for everything  
Thanks for your help  
That's awfully generous of you  
You are such a good person to help me  
You are the best partner  
Your friendship means so much to me  
Your help means so much to me  
Your support means so much to me





## ALS Augmentative Communication Program

### Expressions of Love

Do I tell you often enough how much I love you?  
Do you know how much I love you?  
I am so proud of you  
I love you  
I love you more than I can say  
I miss holding you  
I miss talking to you  
I miss the rhythm of conversation  
I need you  
I want to be together forever  
I want to share the rest of my life with you  
I will always be with you  
I will always be in your heart  
I'm glad you're in my life  
It's so easy to love you  
I've been meaning to tell you how much I love you  
Let's remember to be here for each other  
We are so good together  
What more could I have ever wanted than you?  
You are all I could have asked for  
You are an amazing (wife, mother, child, sister, brother, mom, dad, etc.)  
You are everything I've ever wanted  
You are my best friend  
You are my soul mate  
You are the best  
You are the greatest kids in the world  
You are the most special person  
You make me so happy  
You make my life better

You mean so much to me

### Conversing About ALS

ALS affects the body, it does not affect the mind  
ALS sucks  
Fuck ALS





## ALS Augmentative Communication Program

Fuck Lou Gehrig  
Having this disease has made me ...  
I am determined to ...  
I can hear and understand everything that you are saying  
I can't believe this is happening to me  
I can't stand this  
I can't think about ....  
I don't want to lose my dignity  
I fear the loss of....  
I feel frightened sometimes  
I hate this life  
I have ALS/Lou Gehrig's disease and I have trouble speaking  
I use this machine to communicate  
I wish I didn't have to go through this  
I worry about ...  
I'm having a great day  
I'm having a very bad day  
It makes me really mad that ....  
It's hardly fair  
One good thing about this disease is ....  
Please tell me if you can't understand what I am trying to say  
Sometimes I feel no one can understand what it feels like to go through this  
Sometimes I just need to feel sorry for myself  
Sometimes I just want to scream  
This illness can really get you down  
You can't imagine how difficult this can be

### Health and Safety

This is an emergency!  
Get help now!  
I need suction  
Can you help me  
I need help now

### Family and Close Friends' Names





## ALS Augmentative Communication Program

### Compassion

Don't be annoyed with me  
How could I be mad at you?  
I am here for you  
I am really sorry  
I am sorry  
I feel terrible that you are so unhappy  
I hope everything turns out okay  
I hope everything works out  
I wish I could change things for you  
I wish I could help you  
I wish I could make it easier  
I wish I could make things better for you  
I wish you well  
I would like to help if I can  
I'm really sorry to hear that  
I'm really sorry to put you through this  
I'm sorry I'm not able to help you more  
I'm sorry you are having a bad day  
I'm sorry you don't feel well  
I'm sorry you have to go through this with me  
It didn't seem like it went well, sorry  
Please don't be mad at me  
Try not to be so sad

### Environmental/Elements

Another gorgeous day  
Let's go outside  
Another rainy day  
Another snowy day  
Can you make it cooler in here?  
Can you make it warmer in here?  
Can you open the door to let the breeze in?  
I hope it doesn't snow (rain)  
It looks like a blizzard  
It's beautiful outside  
It's bright and sunny outside





## ALS Augmentative Communication Program

It's cloudy  
It's cold in here  
It's dark in here  
It's drizzling  
It's hot and humid today  
It's hot in here  
It's nice and cool  
It's pouring cats and dogs  
It's raining  
It's raining (snowing sunny, cloudy, foggy) out right now  
It's slippery outside  
It's snowing  
It's so cold  
It's so windy  
It's too bright in here  
It's too cold to go out  
It's too nice to be inside  
It's very hot  
It's very humid  
Let's just stay inside today  
Please open the window and get some air in here  
The moon is so bright  
The stars are twinkling  
The sun is shining  
The weather is beautiful today  
There is no rain (snow, etc.) in the forecast  
There's a full moon tonight  
There's no humidity in the air  
What a beautiful day  
What's the weather like today?

### **Occasions/Holidays/Celebrations**

Bon voyage  
Congratulations on your graduation  
Congratulations on the birth of your baby  
Congratulations on your engagement  
Congratulations on your wedding  
Enjoy the party







## ALS Augmentative Communication Program

Enjoy your vacation  
Good luck  
Happy anniversary  
Happy birthday  
Happy Chanukah  
Happy New Year  
Have a great trip  
Have a safe trip  
Have fun at the party  
I am having the best time  
I am so happy to be a part of today  
I haven't had this much fun in a long time  
I hope I can celebrate many more with you  
I hope you celebrate many more  
I'm glad I could be a part of the celebration  
It's good to be here  
It's great for all of us to be together to celebrate  
Merry Christmas  
This is a great party

### Personal Care/Needs

Can I have a backrub?  
Can I have a spritz of perfume/cologne?  
Can I have a tissue?  
Can you bring me my IPOD (IPAD, laptop, etc.)?  
Can you dry my hair?  
Can you get me pillow?  
Can you help me .....  
Can you help me get dressed?  
Can you help me get dried off?  
Can you help me get ready for bed?  
Can you help me put on some makeup?  
Can you help me set up my IPAD?  
Can you play a DVD?  
Can you please comb my hair?  
Can you take out my contact lenses?  
Can you turn on the TV?  
I need a blanket





## ALS Augmentative Communication Program

I need a pillow  
I need a shower  
I need a tissue  
I need help moving this ....  
I need help putting on my shoes  
I need my glasses  
I need my hair to be easy to care for  
I need some soap in the shower  
I need some toothpaste  
I need to blow my nose  
I need to care for feminine issues, can you help me?  
I need to lay down  
I need to relax  
I need to shave  
I need to shave my legs  
I need to use the bathroom  
I need your help picking that up  
I want to get my eyebrows waxed  
I want to take a bath  
I want to take a shower  
I want to try a new(different) haircut  
I want to use the laptop  
I want to watch the news  
I would like to brush my teeth  
I would like to comb my hair  
I would like to get a manicure(pedicure)  
I would like to listen to some music  
I would like to listen to the IPOD  
I would like to put on my pajamas  
I would like to use some mouthwash  
I would like to wash my hair  
I've had a problem, can you help me get cleaned up?  
My feet are cold, can I have my slippers (socks, etc.)  
Please cut my fingernails (toenails)  
Please get me my case  
Please get me my handbag  
Please help me wash my face  
Please help me wash my hands





## ALS Augmentative Communication Program

Please use conditioner to take out the tangles in my hair

### Self Determination

Accept my decision  
All I am trying to say is ...  
Change the subject, please  
Do it  
Don't do that again  
Explain that to me  
Get the hell away from me  
Give me that, please  
How will I ...  
I am doing it  
I can handle it  
I can't move but I am alive  
I don't want that  
I don't want that treatment  
I gave my final word  
I have something to say about that  
I have the choice  
I know, I don't need to be reminded  
I really feel I can do it  
I refuse that treatment  
I think it's long enough  
I want to do it  
I want to know what it is  
I want to talk about...  
I won't guarantee anything  
I would have to question that idea  
I would really like to discuss that further  
If I could, I would  
I'll deal with it  
I'll let you know  
I'm as crazy as I was before  
I'm as sane as I was before  
I'm doing the impossible  
I'm doing well  
I'm finished





## ALS Augmentative Communication Program

I'm not a child  
I'm not contagious  
I'm not going to take it  
I'm still here you sons of bitches  
I'm too rushed  
It feels great to ...  
It is important to me  
It suddenly becomes important  
It's absolutely ridiculous  
It's my choice  
It's my decision to make  
It's up to me  
I've had it  
Just tell the truth  
Look out world, here I come  
No I won't  
No I'm not  
Please don't interrupt  
Please don't touch me  
Please get out of here  
Please keep in mind I am a human being  
Please keep in mind I am a person  
Please keep in mind I was very healthy just a short time ago  
Please let me finish, don't anticipate  
Please remove that  
Please stop  
Please stop nagging  
Please wait until I finish what I am trying to say  
Should I be concerned?  
Take that away  
Take that away from me  
That is not fair  
That makes me mad  
That's my problem  
That's all I have to say  
That's my choice  
That's my problem  
That's not the way it works





## ALS Augmentative Communication Program

That's too much for me  
That's what I like  
That's what I said  
That's why I feel the way I do  
We have to stop  
What are my choices?  
What can I do?  
What is next?  
Yes, I can do that  
You bet your britches  
You can come up with something better  
You could not possibly understand

### **Suggestions/Initiations**

Can you think of something I can do to keep busy?  
Do you need me to help you?  
Do you need my help to explain this?  
Do you want me to help you with your homework?  
Do you want me to take care of that?  
Do you want to go with me to the doctor's appointment?  
Do you want to visit your relatives?  
Does anyone want to go for a walk?  
Does anyone want to go to the beach?  
How about if we just stay inside?  
How about if we light a fire in the fireplace?  
How can I help you?  
How would you like to celebrate our anniversary?  
I could use your input  
I'd be happy to .....

Should I make that phone call?  
What can we do to make your day more special?  
What do you think we should do?  
What should we do for your birthday?  
Where would you like to go for dinner?  
Would anyone like to play a game?  
Would you be willing to try to go on a vacation?  
Would you like me to help prepare breakfast (lunch, dinner, etc.)?  
Would you like to get tickets for the .....?





## ALS Augmentative Communication Program

Would you like to go out for breakfast (lunch, dinner)?  
Would you like to go outside?  
Would you like to go somewhere overnight?  
Would you like to go to see a show?  
Would you like to take a road trip?  
Would you like to try the new restaurant?  
Would you like to watch some TV ( a movie)?

### Family Routines

Are you getting ready for bed?  
Are you going to prepare dinner?  
Are you picking up the kids?  
Can you take out the garbage?  
Can you bring in the mail?  
Can you fill up the car with gas?  
Can you get the newspaper from outside?  
Can you make a pot of coffee?  
Did you bring the clothes to the cleaners?  
Did you do the laundry?  
Did you pack your lunch?  
Did you put your clothes away?  
Did you start (finish) your homework?  
Did you straighten up your room?  
Don't forget to set your alarm  
Hurry up and eat your breakfast or you'll be late  
Hurry up, you'll miss the bus  
Please set the table  
Who is going to do the grocery shopping?  
Whose turn is it to feed the cat (dog)  
Whose turn is it to walk the dog?  
Whose turn is it to wash the dishes?  
I can make everyone's lunch for tomorrow  
I can fold the laundry

### Modifying Other's Behavior

Don't complain  
Don't do that again





## ALS Augmentative Communication Program

Don't make me laugh  
Don't mess me up  
Stop that  
Stop talking  
Stop what you are doing  
Put that down  
Change the subject  
Don't mess with that  
Stop fidgeting

### Agreement/Disagreement Phrases

Absolutely not  
Certainly  
Do you really think so?  
How do you know?  
I agree  
I agree with you  
I believe what you are saying  
I couldn't agree more  
I don't agree with you  
I don't believe you  
I don't doubt that  
I don't think so  
I don't think what you are saying is correct  
I doubt that  
I think you are right  
I think you are wrong  
I'm not so sure  
I'm sure that's right  
No way!  
Not a chance that's correct  
Perfectly said  
That's a possibility  
That's correct  
That's incorrect  
That's not true  
That's right  
That's true





## ALS Augmentative Communication Program

That's wrong  
Who said so?  
Yes, I agree  
You are incorrect  
You are right  
You are right about that  
You are wrong  
You are wrong about that  
You couldn't be further from the truth  
You missed the boat  
You're kidding  
You've got that right

### Additional recordings completed by people with ALS:

- **singing songs including 'happy birthday'**
- **laughing**
- **making silly noises or voices for which one is known**
- **declaratives such as: ah ha, hmmm (with varied intonations), uh ah, etc.**
- 

