

Preventive Cardiology Program

HEALTHY HEART SERIES

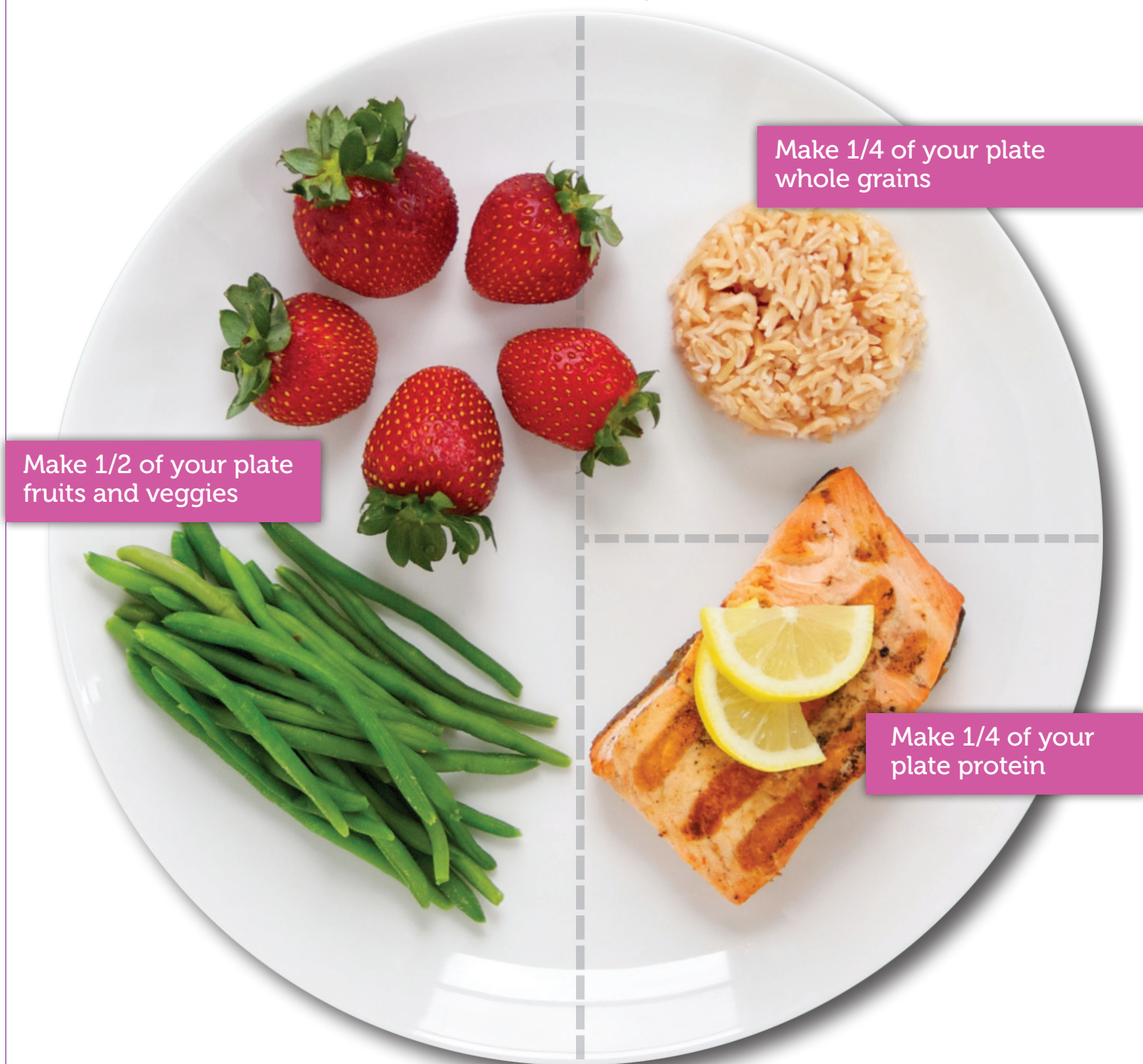


Boston
Children's
Hospital

Heart
Center

Until every child is well™

How balanced is your plate?



For specific questions about nutrition or exercise, please contact Skylar Griggs, MS, RD, LDN, clinical nutrition specialist, at 617-355-4329

For more general information about our Preventive Cardiology Program, call Boston Children's Heart Center at 617-355-0955
or go to bostonchildrens.org/hearthealth