



Checklist of questions for PCP during wellness visit

Voiding Improvement Program—VIP



The Boston Children's Hospital Voiding Improvement Program (VIP) has prepared a checklist of questions that you may choose to use to guide your discussions with parents and patients about urological conditions. These questions may help begin a conversation about daytime and nighttime incontinence, recurrent urinary tract infections and other urological conditions. They also may help you determine if there are underlying medical or surgical conditions that may indicate a more serious problem.

If there is an incontinence issue and the child is over potty training age, it is important to refer to a pediatric urologist as soon as possible for a full evaluation that caters to the child's needs.

Urological Conditions Checklist

QUESTIONS FOR PARENTS	QUESTIONS FOR CHILDREN
<input type="checkbox"/> Is your child over potty training age (over age 5)?	<input type="checkbox"/> Do you go to the bathroom more or less often than your friends?
<input type="checkbox"/> Has your child had urinary tract infections without fever?	<input type="checkbox"/> Do you go to the bathroom while at school?
<input type="checkbox"/> Have you noticed any day or nighttime wetting accidents?	<input type="checkbox"/> Do you have a sudden urge and cannot wait?
	<input type="checkbox"/> Do you often hold your pee by squatting or crossing your legs?
	<input type="checkbox"/> Do you ever have a wetting problem during the day, even if just a little wet?
	<input type="checkbox"/> If so, how often?
	<input type="checkbox"/> Do you ever have a wetting problem at night?
	<input type="checkbox"/> If so, how often?
	<input type="checkbox"/> How often do you have a bowel movement?

To refer a patient for an evaluation with a pediatric urologist or to speak to one of our specialists, please call 800-704-8237.

➤ The Voiding Improvement Program is available at our Boston, Peabody, Waltham and Weymouth locations. For more information, please visit us at bostonchildrens.org/VIP