

Family Education Sheet

Using an Ellipta Inhaler



Boston Children's Hospital
Until every child is well™

Patient and Family Education
www.childrenshospital.org

How to use an Ellipta inhaler

Your child's provider has prescribed medication that is given using the Ellipta inhaler. The Ellipta inhaler can be used for 3 kinds of medicines: **Arnuity**, **Breo** and **Trelegy**.

Note: Clean the mouthpiece with a dry cloth only. Do **not** use water on this inhaler.



1 Wash your hands.



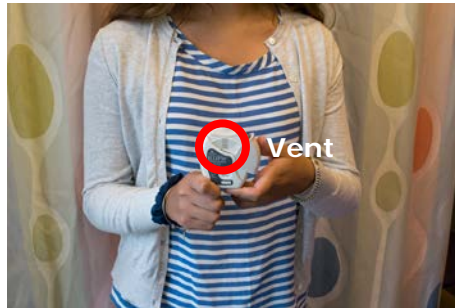
2 Put your thumb on the grooves of the inhaler cover.



3 Slide down until you hear a click.



4 Hold the inhaler under your chin and **exhale** (breathe out).



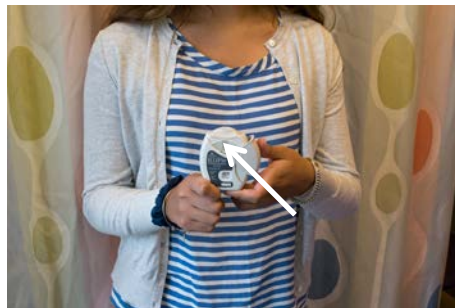
5 Do not block the air vent with your mouth or your fingers.



6 Put your lips around the mouthpiece and take a deep breath in.



7 Hold your breath for 10 seconds.



8 Put your thumb over the grooves of the inhaler cover and slide it up and over the mouthpiece to close it.



9 Rinse out your mouth. Spit.

This Family Education Sheet is available in Spanish