

## CHILDREN'S HOSPITAL RHEUMATOLOGY PROGRAM NEW PATIENT HISTORY FORM

Name		Date of Birth	
Pharmacy name:		Pharmacy Address:	
Please send a visit letter to: <input type="checkbox"/> My child's pediatrician <input type="checkbox"/> Referring provider <input type="checkbox"/> Another physician:			
The problem or question that brought me/my child to the Boston Children's Hospital Rheumatology Program:			
Prior testing or procedures related to this problem (e.g. blood tests, X-rays/scans, joint tap):			
Symptoms have been present for: 0-1 week _____ 2-4 weeks _____ 1-3months _____ 6 months to 1 year _____ over 1 year _____			
Limp: Yes _____ No _____ Laterality: right side _____ left side _____ unsure _____ refuses/unable to walk _____ Continuous (all the time) _____ Intermittent (off/on) _____			
Joint Swelling: Yes _____ No _____ If yes, joint swelling is Continuous (all the time) _____ Intermittent (off/on) _____ How long have the swelling lasted? hours _____ days _____ Date the first swollen joint appeared _____ The joint(s) which were swollen first _____ Other joints which have become swollen _____			
Joint Pain: Yes _____ No _____ If yes, the joint pain stays in the same joints during 1 day: Yes _____ No _____ The pain is worst in the morning _____ at night _____ continuous _____ after activity _____ after rest _____ The pain wakes my child from sleep: Yes _____ No _____ How does your child describe the pain? _____ How long does the pain last? _____ What helps to relieve the pain? _____ What makes the pain worse? _____			
Joint Stiffness: Yes _____ No _____ If yes, the joint stiffness is in the morning _____ at night _____ same _____ after activity _____ after rest _____ The stiffness lasts less than 30 minutes _____ 30-60 minutes _____ 1-2 hours _____ 2-4 hours _____			

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**Fever:** Yes \_\_\_\_\_ No \_\_\_\_\_  
**If yes**, the fever is continuous (all the time) \_\_\_\_\_ intermittent (off/on) \_\_\_\_\_ periodic \_\_\_\_\_  
 How high is the fever? \_\_\_\_\_  
 When did the fevers start? \_\_\_\_\_  
 How many days does it last? Minimum: \_\_\_\_\_ Maximum: \_\_\_\_\_ Average: \_\_\_\_\_  
 How long is the interval between fevers? Minimum: \_\_\_\_\_ Maximum: \_\_\_\_\_ Average: \_\_\_\_\_  
 Any associated symptoms with fevers? Yes (if yes please explain) \_\_\_\_\_ No \_\_\_\_\_  
 Are there any fever triggers? Yes (if yes please explain) \_\_\_\_\_ No \_\_\_\_\_  
 Is the fever predictable? Yes (please explain how? Based on timing or prodromal features?) \_\_\_\_\_ No \_\_\_\_\_  
 Are there any prodromal features of fever? Yes (please explain) \_\_\_\_\_ No \_\_\_\_\_  
 Was your child tested for infections during fever? Yes \_\_\_\_\_ No \_\_\_\_\_  
 Please specify positive infections. \_\_\_\_\_

**Rash:** Yes \_\_\_\_\_ No \_\_\_\_\_  
**If yes**, the rash is present only when symptoms occur \_\_\_\_\_ continuous \_\_\_\_\_ intermittent \_\_\_\_\_ with fever \_\_\_\_\_  
 The rash is on the face \_\_\_\_\_ chest \_\_\_\_\_ stomach \_\_\_\_\_ back \_\_\_\_\_ arms/legs \_\_\_\_\_  
 Describe rash: raised \_\_\_\_\_ not raised \_\_\_\_\_ color \_\_\_\_\_ does it itch? \_\_\_\_\_

**Others:** **Muscle weakness:** Yes \_\_\_\_\_ No \_\_\_\_\_ **Muscle pain:** Yes \_\_\_\_\_ No \_\_\_\_\_  
**Joint cracking:** Yes \_\_\_\_\_ No \_\_\_\_\_ **Joint locking:** Yes \_\_\_\_\_ No \_\_\_\_\_  
**Back pain:** Yes \_\_\_\_\_ No \_\_\_\_\_

**The symptoms occurred with or immediately after:**  
**Trauma:** Yes \_\_\_\_\_ No \_\_\_\_\_ if yes, describe: \_\_\_\_\_  
**Travel:** Yes \_\_\_\_\_ No \_\_\_\_\_ if yes, describe: \_\_\_\_\_  
**Tick Bite:** Yes \_\_\_\_\_ No \_\_\_\_\_ if yes, describe: \_\_\_\_\_  
**After an Illness:** Yes \_\_\_\_\_ No \_\_\_\_\_ if yes, cold/upper respiratory \_\_\_\_\_ Strep throat \_\_\_\_\_ stomach virus \_\_\_\_\_  
 Infectious mononucleosis \_\_\_\_\_ other \_\_\_\_\_

**The symptoms are preventing my child from doing normal activities:** Yes \_\_\_\_\_ No \_\_\_\_\_  
**If yes**, during play \_\_\_\_\_ school \_\_\_\_\_ gym \_\_\_\_\_ walking upstairs \_\_\_\_\_  
 other \_\_\_\_\_

What medicines have you tried for your child's problem?						
Medicine	Last time taken	Length of time on the medicine	Reason for stopping the medicine			

What medicines is your child currently taking? (Please include vitamins, over the counter, birth control pills)						
Medicine	Last time taken	Dose	Frequency per day	How well does it work?		
				Very Well	Just OK	Not at all

**Is your child taking any alternative or homeopathic medicines? If yes, please list.**

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**Is your child allergic to medications or food? Please describe:**

**Was your child born** ☐ Full-term ☐ Premature ☐ Via normal delivery ☐ Via C-section ☐ Requiring supplemental oxygen?

**Has your child had any other medical problems or diagnoses?**

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**Has your child been hospitalized, had any surgeries, or fractures?**

**If yes, please describe** \_\_\_\_\_

**Are your child's immunizations up to date?** ☐ Yes ☐ No

**Did your child receive any recent immunization?** ☐ Yes ☐ No

**If yes please indicate which** \_\_\_\_\_

## SOCIAL HISTORY:

**Siblings and their ages** \_\_\_\_\_

**Mother's/Guardian's Occupation:** \_\_\_\_\_

**Father's/Guardian's Occupation:** \_\_\_\_\_

**Who are the legal guardians?** ☐ Mother ☐ Father ☐ Both ☐ Other \_\_\_\_\_

**Does your child attend school/daycare?** ☐ Yes ☐ No

**If yes: Current grade?** \_\_\_\_\_ **Number of days of missed school this year?** \_\_\_\_\_

**School Work:** ☐ Outstanding ☐ Satisfactory ☐ Poor

**Your child participates in what types of sports/activities?** \_\_\_\_\_

**Alcohol/cigarette/Cannabis/Other substance use:** \_\_\_\_\_

**FAMILY HISTORY:** Please indicate if the patient's parents, grandparents, or siblings have had any of the following conditions:

Condition	Relation to patient	Condition	Relation to patient
Crohn's Disease/ Ulcerative Colitis		Lupus	
Celiac Disease		Rheumatoid Arthritis	
Thyroid Disease		Psoriasis	
Positive ANA		Dermatomyositis	
Bleeding Disorders		Gout	
Clotting Disorders		Scleroderma	
Miscarriage		Diabetes (childhood onset)	
Early age heart disease		Recurrent infections	
Early age stroke		Kidney problems	
Back problems		Brain /nerve problems	
Eye problems		Mouth/genital ulcers	
Recurrent tonsillitis		Tonsillectomy	
Recurrent fevers		Others	

☐ No family history of any of the above

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## REVIEW OF SYSTEMS: Please indicate any problems in the following organ systems:

### Constitutional:

- ☐ Fever
- ☐ Fatigue
- ☐ Unexplained excessive weight loss or gain
- ☐ Muscle weakness

### Eyes:

- ☐ Pain
- ☐ Redness
- ☐ Dryness
- ☐ Light sensitivity
- ☐ Vision problem
- ☐ Blurry vision

### Ears-Nose-Mouth-Throat:

- ☐ Hearing difficulty
- ☐ Frequent nose bleeds
- ☐ Recurrent mouth sores
- ☐ Dry mouth
- ☐ Teeth or gum problems
- ☐ Frequent sore throats
- ☐ Hoarseness
- ☐ Difficulty swallowing

### Cardiovascular:

- ☐ Chest pain
- ☐ Dizziness
- ☐ Increased heard beat
- ☐ Exercise intolerance
- ☐ Heart murmur

### Respiratory:

- ☐ Shortness of breath
- ☐ Cough
- ☐ Wheezing

### Gastrointestinal:

- ☐ Abdominal pain
- ☐ Nausea
- ☐ Vomiting
- ☐ Diarrhea
- ☐ Constipation
- ☐ Blood in stool

### Genitourinary:

- ☐ Difficulty with urination
- ☐ Change in frequency
- ☐ Change in urine color
- ☐ Rash/ulcers

For females only:

date of last menstrual period: \_\_\_\_\_

### Musculoskeletal:

- ☐ Morning stiffness
- ☐ Joint swelling
- ☐ Joint pain
- ☐ Muscle weakness
- ☐ Muscle pain

### Skin and appendices:

- ☐ Skin rash
- ☐ Hives
- ☐ Nodules/Bumps
- ☐ Nail changes
- ☐ Hair loss
- ☐ Easy bruising
- ☐ Color changes of hands and feet

### Endocrine:

- ☐ Excessive thirst
- ☐ Thyroid problems
- ☐ PCOS

### NeuroPsychiatric:

- ☐ Headaches
- ☐ Sleep difficulties
- ☐ Numbness or tingling
- ☐ Muscle spasms
- ☐ Excessive worrying
- ☐ Anxiety
- ☐ Depressive symptoms
- ☐ OCD
- ☐ PTSD
- ☐ Substance use problems

### Hematologic:

- ☐ Increased bruising
- ☐ Increased bleeding
- ☐ Problems with blood counts

### Immunology/Allergy:

- ☐ Frequent infections requiring antibiotics
- ☐ Unexplained severe infections
- ☐ Allergies

Reviewed by Provider \_\_\_\_\_ Date \_\_\_\_\_