



# My Problem Solver action plan



## Problem and possible solutions

1. State the problem in your own words. Explain why you want to solve the problem.

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2. List some ideas for solving the problem. Check the idea you think is best for you.

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## Step-by-step action plan

Step	What will you do?	When will you do it?
1	_____	_____
2	_____	_____
3	_____	_____
4	_____	_____
5	_____	_____

### Look back – look ahead

After giving your best effort to follow the plan, ask yourself, “**Did I solve the problem?**”

- If yes, celebrate your success and thank those who helped you. Be ready to solve another problem, when necessary.
- If no, ask yourself, “What can I do differently to make this plan work for me?” Or select a different idea for solving the problem and make a new step-by-step action plan.